

Residential Life



Weekly Dining Menu

Bring Ice Skates



View the weekly menu &

see what's open now.

Menu

24-Hr Quiet Hours



Bring your skates when you

return from Winter Break.

Be mindful of noise and be courteous to neighbors.

Skate Blakeslee

Quiet Hours

Grab your Friends & Go!



University Dining Center,

8 a.m. -7 p.m.

SMOOTHIE BIKES STRESS LESS MEAL 11AM - 2PM

TRAIL MIX BAR FINALS ARE STRESSFUL. TAKE A BREAK FROM STUDYING AND JOIN HOLLY ELLISON, CAMPUS DIETITIAN, FOR FUN ACTIVITIES TO TAKE YOUR MIND OFF OF FINALS.



MINNESOTA STATE UNIVERSITY, MANKATO UNIVERSITY DINING SERVICES





Focus on Academics

FINALS aren't ALWAYS A PIECE OF CAKE



PRACTICE POSITIVE SELF TALK "I GOT THIS!" OR "I'M MAKING PROGRESS"

FUEL YOUR BODY WITH FOODS THAT GIVE YOU ENERGY, NOT A SUGAR CRASH



CRAM ALL OF YOUR STUDYING INTO ONE LONG NIGHT

DEPRIVE YOURSELF OF SLEEP: THIS LEADS TO MEMORY **IMPAIRMENT**

GOOD LUCK ON FINALS!

Newsworthy

BEFORE YOU LEAVE

REGISTER FOR CLASSES

You must be enrolled in at least 1 credit

to live on-campus next semester. HAVE QUESTIONS OR NEED HELP REGISTERING?

Contact your Academic Advisor or University Advising at advising@mnsu.edu.

Contact Advising Offices

Get your \$5 Back!

RETURN TO-GO CONTAINERS



During Finals Week you can return your To-Go Containers to Chet's Place and 1872 Grill (in addition to the UDC).

Are you Ready to Depart?

Winter Break Students found in the residence communities over Winter Break who did not register will be charged an administrative fee of \$50 and may be subject to disciplinary proceedings

DOOR LOCKING Residence communities lock for Winter Break at 7 p.m. on Friday, December 10 and reopen Friday, January 7 at 8 a.m.

DINING The University Dining Center closes at 1:30 p.m. Friday, December 10 and reopens Friday, January 7 at 11 a.m.

Only residents who have registered for Winter Break Housing may leave their cars on campus. Use green stalls in Lots 14 and 16.

MAIL DELIVERY During break, mail will only be distributed to residents who have registered for Winter Break Housing.

INSPECTIONS Staff members will be entering your room over Winter Break to inspect for preservation of health and safety.

2. Turn off and unplug computers and electronics in your room, except refrigerators. 3. Remove all perishable items from your refrigerator. 4. Return your To-Go containers to the University Dining Center. 5. Take all plants and fish home. If possible, unplug aquarium equipment .

Before You Lewe 5. Take all plants and tish home. It 6. CLOSE and LOCK all windows. 7. Close your blinds if you live on the control of the co 7. Close your blinds if you live on the first floor.

8. Remove all trash from your room. 9. Turn off the alarm on your clock. 10. Turn off the lights. 11. CLOSE your room door and make sure the LOCK is secured.

1. Remove all valuable items from your room.

You can still register for Winter Break Housing in the Residential Life and Stadium Heights Offices.

Staying for Winter Break

Leaving for Winter Break



RESIDENTIAL LIFE