

PSEO Open Classes

Online Classes Only

Updated 2/29/2024

**PSEO Registration will occur late July for fall semester. Please check e-services for real-time availability of classes.

[WATCH VIDEO:](#) How to Find In Person Classes on E-services by Goal Area

PSEO students cannot register for class sections reserved for these populations:

- 100% Online Program student – skip to 7:04 in this [video](#) to learn why
- Maverick Success Program
- International Students
- Multilingual Students
- Learning Communities
- Upper Division Permission
- PSEO Not Eligible for the Course

Some sections of the classes listed in this document will be reserved for specific populations. You **cannot** register for sections reserved for these specific populations. **Please read the notes section on e-services to ensure the class is PSEO eligible.**

*requires prerequisites

Goal Area 1: English Composition & Speech

Students must take ONE English composition course and ONE speech & oral reasoning course.

- ENG 101: Foundation of Writing and Rhetoric
- CDIS 201: Observation of Human Communication
- COMM 100: Fundamentals of Communication
- COMM 102: Public Speaking

Goal Area 2: Critical Thinking

Satisfied by completing the rest of general education or by completing one course.

- ECON 207: Business Statistics
- ENG 271W: Technical Communication
- GERO 200W: Family Dynamics of Aging
- HIST 246W: Sports and Games in History
- HLTH 212: Consumer Health
- PHIL 110: Logic and Critical Thinking
- POL 103W: Thinking About Politics
- PSYC 103W: Psychology Today
- PSYC 150: Science of Learning for College Student Success
- *STAT 154: Elementary Statistics

Goal Area 3: Natural Science

Minimum of TWO courses from different disciplines and six credits required. One course must be a lab course.

Lab classes:

- EET 112: Elementary Electricity and Electronics
- GEOG 101: Introductory Physical Geography

Non-lab classes:

- *CHEM 106: Chemistry of Life Process Part I (General)
- FCS 140: Introduction to Nutrition

Goal Area 4: Math/Logical Reasoning

Minimum of ONE course and three credits required.

Placement into specific math classes is based on a student's cumulative high school GPA.

See [placement chart](#).

- ECON 207: Business Statistics
- MATH 112: College Algebra
- MATH 113: Trigonometry
- MATH 115: Precalculus Mathematics
- MATH 121: Calculus I
- MATH 130: Finite Mathematics & Introductory Calculus
- PHIL 110: Logic and Critical Thinking
- SOC 202: Introductory Social Statistics
- STAT 154: Elementary Statistics

Goal Area 5: History & Social Behavioral Sciences

Minimum of TWO courses from different disciplines and six credits required.

- AIS 101: Introduction to American Indigenous Studies
- AIS 212: Native American 1900 to Present
- ANTH 101: Introduction to Anthropology
- CJ 101: Introduction to Criminal Justice Systems
- ECON 201: Principles of Macroeconomics
- ECON 202: Principles of Microeconomics
- ETHN 100: American Racial Minorities
- ETHN 101: Introduction to Multicultural & Ethnic Studies
- ETHN 203W: Perspectives on Asian Americans
- ETHN 204W: Perspectives on Latinos/Hispanics
- FCS 100: Personal & Family Living
- GEOG 103: Introductory Cultural Geography
- HIST 170: Ancient World Civilization to 1500
- HIST 171: World Civilization, 1500-Present
- HIST 181W: European History 1648 to the Present
- HIST 190: United States to 1877
- HIST 191W: United States Since 1877
- HLTH 240: Drug Education
- MRKT 100: Foundations of Business Concepts
- POL 100: Introduction to Politics
- POL 111: United States Government
- PSYC 101: Introduction to Psychological Science
- PSYC 206: Introduction to Cognitive Science
- RPLS 165: Introduction to Community Tourism and Travel

- SOC 101: Introduction to Sociology
- SOC 208: Families in Society
- SOC 209: Sociology of Human Sexualities
- SOWK 215: Introduction to Social Welfare Services
- URBS 100: Introduction to the City
- URBS 150: Sustainable Communities

Goal Area 6: Humanities & The Arts

Minimum of TWO courses from different disciplines and six credits required.

- ART 160: Introduction to Visual Culture
- CIS 113: Health Humanities and Health Informatics
- COMM 280: Social Media and Society
- FILM 110: Film Appreciation
- FILM 114: Introduction to Film
- FILM 210W: Film Genres
- FILM 216W: Writing About Film
- HUM 101W: Introduction to Humanities and the Search for Meaning
- HUM 155: Global Humanities I: Asia & Africa
- HUM 250W: Perspectives in Humanities
- HUM 280W: Humanities Traditions
- HUM 281W: Human Diversity and Humanities Traditions
- HUM 282W: Global Perspectives and Humanities Traditions
- MUSC 102: Pop Music USA: Jazz to Country to Blues
- MUSC 103: Pop Music USA: R & B to MTV
- PHIL 100W: Introduction to Philosophy
- PHIL 101W: Philosophical Problem: the Mind-Body Problem
- PHIL 115W: Philosophy of Race, Class, and Gender
- PHIL 120W: Introduction to Ethics
- PHIL 222W: Medical Ethics
- SCAN 251W: Scandinavian Cultures: the Sami
- SPAN 101: Elementary Spanish I
- SPAN 102: Elementary Spanish II
- THEA 100: Introduction to Theatre
- URBS 110: The City: Design and Architecture

Goal Area 7: Human Diversity

Minimum of ONE course and three credits required.

- AIS 101: Introduction to American Indigenous Studies
- AIS 212: Native America 1900 to Present
- CDIS 290: Introduction to Communication Disorders
- CIS 113: Health Humanities and Health Informatics
- COMM 203: Intercultural Communication
- ELE 222W: Human Relations in a Multicultural Society
- ENG 105: Race, Rhetoric, and Representation
- ETHN 100: American Racial Minorities
- ETHN 101: Introduction to Multicultural & Ethnic Studies
- ETHN 150: Multicultural/Ethnic Experience
- ETHN 203W: Perspectives on Asian Americans
- ETHN 204W: Perspectives on Latinos/Hispanics
- GERO 200W: Family Dynamics of Aging
- HIST 190: United States to 1877

- HIST 191W: United States Since 1877
- HIST 232: Islamic Civilizations
- HIST 246W: Sports and Games in History
- HUM 281W: Human Diversity and Humanities Traditions
- MUSC 102: Pop Music USA: Jazz to Country to Blues
- MUSC 103: Pop Music USA: R&B to MTV
- PHIL 115W: Philosophy of Race, Class, and Gender
- SOC 208: Families in Society
- SOC 209: Sociology of Human Sexualities
- SPED 108: Human Services and Disabilities

Goal Area 8: Global Perspective

Minimum of ONE course and three credits required.

- ANTH 101: Introduction to Anthropology
- ANTH 230: People and Cultures of the World
- ART 160: Introduction to Visual Culture
- CJ 225: History of Prisons and Punishment
- COMM 203: Intercultural Communication
- EET 118: Electricity – Generation, Usage & Green Alternatives
- GEOG 100: Elements of Geography
- GEOG 103: Introductory Cultural Geography
- GER 101: Elementary German I
- GWS 220W: Sex and Gender Worldwide
- HIST 170: Ancient World Civilization to 1500
- HIST 171: World Civilization, 1500 to present
- HIST 282W: Global Perspectives and Humanities Traditions
- SCAN 251W: Scandinavian Cultures: the Sami
- SOC 101: Introduction to Sociology
- SPAN 101: Elementary Spanish I
- URBS 100: Introduction to the City

Goal Area 9: Ethical & Civic Responsibility

Minimum of ONE course and three credits required.

- CIS 100: Introduction to Computing & Applications
- CJ 101: Introduction to Criminal Justice Systems
- COMM 242: Preparing for Advocacy
- COMM 280: Social Media and Society
- GWS 220W: Sex and Gender Worldwide
- HIST 181W: European History: 1648 to the Present
- NPL 273: Introduction to the Nonprofit Sector
- PHIL 120W: Introduction to Ethics
- PHIL 222W: Medical Ethics
- PHIL 226W: Environmental Ethics
- POL 111: United States Government
- RPLS 100: Introduction to Recreation, Parks, and Leadership Studies
- SOWK 215: Introduction to Social Welfare Services
- SPED 108: Human Services and Disabilities

Goal Area 10: People & the Environment

Minimum of ONE course and three credits required.

- GEOG 100: Elements of Geography
- GEOG 101: Introductory Physical Geography
- HLTH 101: Health and the Environment
- PHIL 226W: Environmental Ethics
- URBS 150: Sustainable Communities

Goal Area 11: Performance & Participation

Requires 2-3 credits.

- CDIS 205: Beginning American Sign Language – level 1
- ELE 222W: Human Relations in a Multicultural Society
- FILM 217: Introduction to Film Production
- HP 103: Fitness for Living
- HP 175: Fitness Activities
- HP 291: Concepts of Fitness
- POL 101: Introduction to Public Life

Notes:

- Please check e-services to check the availability of courses in real-time.
- Some sections may be reserved for specific populations, PSEO students cannot register for those sections.
- A total of 44 credits and all goal areas must be completed for students to complete their general education requirements.
- Refer to our major-specific guide for general education courses designated for specific majors.
- Check transferology.com to ensure classes will transfer across universities.