

Sweets

I love to stuff my face
with lots of treats
though it is not good for me to eat

Ice cream and frosting
with sweetness to spare
causing cavities for kids around the world

Candies tempting me with every step
In aisles at the grocery store
To island counters at my house

Chocolate cravings
to heal the aches
of both my body and soul

Sweets treat my sensitive heart
from the pain it has endured
through the rough and the tough

My sweets have made me smile