

Big ideas. Real-world thinking. **Inspired action.**



## Strengthen Your Crisis Response Skills

As a law enforcement officer, you're often the first to respond to individuals in crisis, which is why it's essential to have the right skills to handle these situations safely and effectively.

### Four-hours, online, self-paced

You'll learn practical strategies to manage challenges posed by the opioid crisis, and handle interactions with individuals affected by Opioid Use Disorder (OUD) and co-occurring Substance Use Disorders (SUD) or Mental Health (MH) conditions. Discover how to de-escalate crises, connect individuals to needed resources, and minimize risks for everyone.

Chiefs of Police can ensure their teams are fully prepared by enrolling officers and staff in this training, giving everyone the tools and knowledge to respond confidently in high-stress situations.

### Course highlights include:

- **Enhance Your Safety & Control:** Learn proven de-escalation techniques that reduce risks to both officers and the individuals in crisis.
- **Master Real-World Crisis Skills:** Apply practical strategies in real-world scenarios, giving you the tools to handle situations involving OUD.
- **Build Stronger Community Connections:** Use collaboration and referral networks to connect individuals in crisis with the resources they need to improve outcomes for everyone.
- **Reduce Liability & Risk:** Gain a deeper understanding of legal considerations and best practices to help you make informed decisions.
- **Gain Valuable Tools & Resources:** Utilize a complete toolkit, including a personal assessment, workbook, eBooks, posters, and more, to reinforce your learning and apply strategies in the field.

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### Understanding OUD & Co-occurring Conditions

Learn the basics of Opioid Use Disorder (OUD), how it affects individuals, and its relationship with co-occurring mental health disorders. This module will equip you to recognize the signs of OUD and understand the legal rights of individuals in crisis.

2

### Recognizing & Responding to OUD

Master the skills of verbal and non-verbal de-escalation to safely manage crises involving individuals with OUD. You'll also learn how to assess an individual's state and respond effectively in high-risk situations, using techniques that prioritize safety and trust-building.

3

### Best Practices for Field Collaboration

Explore harm reduction strategies and understand how to collaborate with local resources, treatment providers, and Crisis Intervention Teams (CIT) to build referral networks. Connect individuals in crisis with the right support and treatment options.

4

### Real-World Application & Resource Utilization

Apply what you've learned with practical exercises that simulate crises in both public and residential settings, using the CARE approach to de-escalate situations and make effective, collaborative referrals.

## Key takeaways: Essential skills and knowledge you'll take into the field

- **Effective Crisis De-escalation:** Gain confidence in using both verbal and non-verbal techniques to safely de-escalate high-tension situations involving individuals with OUD or co-occurring mental health conditions.
- **The CARE Approach:** Learn and apply the CARE approach (Calm, Assess, Respond, Engage) in real-world scenarios, ensuring safety for yourself, individuals in crisis, and the public.
- **Collaboration & Resource Utilization:** Develop strong collaboration skills by working with CIT Teams, treatment providers, and community resources to provide appropriate referrals.
- **Leverage & Maximize Resources:** Learn to effectively utilize local and national resources, treatment providers, and referral networks to connect individuals in crisis with the care needed for recovery.
- **Legal Awareness & Risk Management:** Understand the legal rights of individuals and best practices to minimize liability and ensure compliance with de-escalation and crisis response protocols.

## Enroll Today!

Prepare your department to confidently respond to OUD and mental health crises. In just four hours, this course will help you reduce liability, improve public safety, and strengthen your community relationships.

**\$450 each** - Participants receive a **Minnesota State University, Mankato certificate** on completion.