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**MINNESOTA STATE
UNIVERSITY**
MANKATO

HEALTH SCIENCE *College of Allied Health & Nursing*

HEALTH SCIENCE DEGREES AND PROGRAMS

BS- School Health Education; BS- Community Health Education; BS- Alcohol and Drug Studies. The Department of Health Science in collaboration with the Department of Human Performance offers a BS in Health and Physical Education.

CAREER OPPORTUNITIES IN HEALTH SCIENCE

Career opportunities in Health Science are based on the program completed. School Health Education and Health and Physical Education majors work as teachers in K-12 schools. Community Health Education majors work in patient education, worksite health promotion, public health agencies, community health organizations. Alcohol and Drug Studies majors work in chemical dependency treatment centers and alcohol and drug programs.

Salaries depend on position, geographic locations, and types of work. Entry-level salary ranges from \$30,000 - \$40,000 with insurance. Advancement in the field is common.

POST GRADUATE OPPORTUNITIES

There is no limit in academic opportunities. Our students have gone on to advanced degrees at many prestigious institutions across the country at both master's and doctoral degree levels.

EXAMINING THE QUALITY OF OUR PROGRAM

Accreditations

The Community Health Education program is a SABPAC approved program. The Health and Physical Education and School Health Education programs are NCATE and Minnesota Board of Teaching approved programs.

Faculty

All Health Science faculty have doctoral level training with significant work in the field as well as the classroom. Many of the faculty members have credentials beyond their terminal degrees. Teaching Assistants provide most of the instruction in general education classes. All major classes are taught by full-time faculty.

Faculty Achievement and Creative Research

All faculty are published in refereed national publications; many have written books and have received external funding for research projects. All faculty present at national, regional and state conferences. Some faculty have received national teacher-of-the-year awards, a national service citation, grants for study abroad

programs, Faculty Research Grants and Faculty Improvement Grants along with Teacher/Scholar Fellowships.

Alumni Success

Over the years our graduates have received advanced education and terminal degrees, become department chairs at other universities, commendation at either the national or regional level for their work in their respective voluntary health agencies, and received teacher-of-the-year awards from their respective school districts.

Performance on Professional Exams

In 2014-2015, 100% of School Health Education and Health and Physical Education passed the Health Education subtests and Physical Education subtests of the Minnesota Teacher Licensing Exam.

The Department is the only one in the state employing all credential/academically prepared health educators and maintaining an independent department.

Student Experience/Program Requirements

Faculty/student ratio
1:25 in major programs.

Specialized Equipment/Facilities Available

Use of "smart classrooms," computerized instruction in class. No special equipment necessary beyond the ability to bring a computer to the classroom.

Program Components/Internships

Internship Experiences for Community Health Education majors (450 clock hours) and Alcohol and Drug Studies majors (880 clock hours) are provided. Practicum teaching experiences are provided for school health majors.

Scholarships

Scholarships are available to students for a variety of activities related to their professional development.

Student/Faculty Collaboration

Collaboration can be as great as the student desires. Many faculty and students work together on research projects. Numerous students throughout the years have presented research at national and local meetings that involve collaboration with or advisement from faculty.

Clubs

Eta Sigma Gamma - National Health Education Honorary; Health and Physical Education Majors Club; and Students for Alcohol and Drug Education.

STUDENT PREPARATION FOR THIS PROGRAM

Take basic science courses as well as social sciences. Students interested in Community Health Education or Alcohol and Drug Studies should consider extracurricular experience with official agencies, voluntary health organizations, worksites, and health care. Students interested in School Health Education or Health and Physical Education should consider extracurricular experiences related to leading, teaching, or youth programs such as 4-H health and safety programs, community recreation programs, and youth sports programs.

Admission to Major

Admission requirements vary by program of study. Please see the Bulletin for information regarding specific admission requirements for Alcohol and Drug Studies, Community Health Education, Health and Physical Education, and School Health Education

FOR MORE INFORMATION PLEASE CONTACT

Department of Health Science

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213 Highland Center North
Mankato, MN 56001

Phone

507-389-1527 (V)
800-627-3529 or 711 (MRS/TTY)

Website

www.mnsu.edu/health

You are encouraged to visit the campus.
To arrange for a visit, please call:
Office of Admissions: 507-389-1822
Toll-free: 800-722-0544

SAMPLE FOUR-YEAR CURRICULUM (SCHOOL HEALTH EDUCATION, BS)

First Year (Fall)	First Year (Spring)
HLTH 101 Health and the Environment, Goal Area 10 (3) BIOL 100 Our Natural World, Goal Area 3 Lab (4) MATH, Goal Area 4 (3-4) General Education, Goal Area 5 (3) General Education, Goal Area 6 (3)	HLTH 260 Introduction to Health Education (3) HLTH 210 First Aid & CPR (3) ENG 101 Composition (4) CHEM 106 Chemistry of Life Process Part 1 (General), Goal Area 3 (3) General Education, Goal Area 5 (3)
Second Year (Fall)	Second Year (Spring)
HLTH 212 Consumer Health (3) HLTH 240 Drug Education (3) BIOL 220 Human Anatomy (4) CMST 102 Public Speaking, Goal 1b (3) General Education, Goal Area 6 (3)	HLTH 3XX or 4XX Major Restricted Elective (3) BIOL 310 Human Physiology (Pre-Req CHEM and BIOL 220) (4) FCS 140 Introduction to Nutrition (3) General Education, Goal Area 8 (3) General Education, Goal Area 9 (3)
Third Year (Fall)	Third Year (Spring)
HLTH 311 Family Life & Sex Education (3) HLTH 451 Emotional Health & Stress (3) Elective (2) KSP 220W Human Relations in a Multicultural Society (3) KSP 222 Introduction to the Learner & Learning (2) KSP 202 Technology Integration in the Classroom (2) Application for Professional Education 2.75 or higher cumulative G.P.A. Evidence of registration for MTLE Basic Skills Exam C or better in ENG 101 and MATH	HLTH 320 School Health Education (3) HLTH 410 Current Health Issues (3) HLTH 475 Biostatistics (Pre-Req MATH 110 or higher) (3) KSP 330 Planning, Instruction, & Evaluation (Pre-Req Level 1) (5) Application for Student Teaching Application for Graduation
Fourth Year (Fall)	Fourth Year (Spring)
HLTH 420W Health Teaching Methods (Pre-Req HLTH 320; Pre-Req/Co-Req KSP 330) (3) HLTH 454 Chronic & Infectious Disease (Pre-Req BIOL 310) (3) Elective (3) KSP 440 Creating Learning Environments to Engage Children, Family, & Community (Pre-Req Level 2; Co-Req 442) (3) KSP 442 Reading, Literacy, & Differentiated Instruction in Inclusive Classrooms (Pre-Req Level 2; Co-Req 440) (3)	KSP 464 Professional Seminar (Pre-Req Level 3) (1) KSP 477 Student Teaching (Pre-Req Level 3) (11) Complete MTLE for Health Education

For additional information about course requirements, please visit <http://www.mnsu.edu/supersite/academics/bulletins/>

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