



## FAMILY CONSUMER SCIENCE: FOODS & NUTRITION

*College of Allied Health & Nursing*

### WHAT DEGREE AND PROGRAM DO WE OFFER?

Degrees offered are Family Consumer Science BS with options in Dietetics; Child Development and Family Studies; Foods and Nutrition; and Family Consumer Science Education BS Teaching.

A Minor in Family Consumer Science is available with options in Consumer Studies; Foods and Nutrition; and Child Development and Family Studies.

### CAREER OPPORTUNITIES AVAILABLE FOR STUDENTS COMPLETING THIS PROGRAM

The flexibility of this program prepares students for a variety of in-demand careers within the wellness and food industries. Our applied approach and hands-on opportunities in the state-of-the-art facilities prepares our students to work in the real world. Possible careers include: Food service manager, community nutrition educator, health promotion & wellness coach, food company researcher, weight loss counselor.

#### Academic

Most of our graduates qualify for graduate school if they have the required grade point and necessary background courses.

#### Faculty

Dr. David Bissonnette, Foods and Nutrition

Dr. Joye Bond, Dietetics

Dr. Jill Conlon, FCS Education

Dr. Heather Von Bank, Chair, Child Development and Family Studies

Dr. Dan Moen, Child Development and Family Studies

Dr. Jae Min Lee, Consumer Studies

Dr. Maureen Timlin, Dietetics

### STUDENT EXPERIENCE/ PROGRAM REQUIREMENTS

#### Specialized equipment and facilities

- Food Science laboratory with equipment for experimental foods, testing, and sensory testing.
- New Foods laboratory with equipment for food preparation and testing.
- New Textiles laboratory with specialized clothing construction equipment.
- New FCS Education laboratory with curriculum development, teaching technology, and teaching materials available for student use.
- Nutrition Assessment laboratory with equipment for nutrition education, body composition and energy need testing.

#### Clubs

- American Association of Family and Consumer Sciences at Minnesota State University, Mankato (AAFCS-MSU).
- Student Dietetic and Nutrition Organization (SDNO)
- Phi Upsilon Omicron (honorary)

#### Internships

The major requires an undergraduate internship. Internship opportunities include business and industry, public schools, healthcare facilities, and non-profit organizations.

#### Scholarships

Each spring, scholarships are awarded to declared majors who have completed at least one semester at Minnesota State Mankato and have been involved in the department and excelled academically.

## STUDENT/FACULTY OPPORTUNITIES FOR COLLABORATION

Students have the opportunity to work with faculty on research projects, community service projects, and planning department events.

## HOW DOES A STUDENT PREPARE FOR THIS PROGRAM?

In high school, for Dietetics option, take chemistry, biology and math.

## FOR MORE INFORMATION PLEASE CONTACT

### Department of Family Consumer Science

Minnesota State University, Mankato  
102 Wiecking Center  
Mankato, MN 56001

### Phone

507-389-2421 (M)  
800-627-3529 or 711 (MRS/TTY)

You are encouraged to visit the campus.

To arrange for a visit, please call:  
Office of Admissions: 507-389-1822  
Tollfree: 800-722-0544

## SAMPLE FOUR-YEAR CURRICULUM (FOODS & NUTRITION, BS)

First Year (Fall)	First Year (Spring)
FCS 101 Introduction to Family Consumer Science (3) CHEM 106 Chemistry of Life Processes I (3) FCS 140 Introduction to Nutrition (3) General Education, Goal Area 1B (3-4) General Education, Goal Area 5 (3-4)	ENG 101 Composition (4) General Education, Goal Area 4 (3-4) General Education, Goal Area 5 (3-4) General Education, Goal Area 6 (3-4) General Education, Diverse Cultures (3-4)
Second Year (Fall)	Second Year (Spring)
FCS 150 Food, Culture, & You (3) CHEM 111 Chemistry of Life Processes II (5) ENG 271W Technical Communication (4) General Education, Goal Area 6 (3-4)	BIOL 220 Human Anatomy (4) General Education, Goal Area 7 (3-4) General Education, Goal Area 8 (3-4) General Education, Goal Area 9 (3-4) General Education, Goal Area 11 (1)
Third Year (Fall)	Third Year (Spring)
FCS 242 Nutrition for Health Care Professionals (3) FCS 252 Food Service Systems I (3) BIOL 330 Human Physiology (4) General Education, Goal Area 10 (3-4) General Education, Diverse Cultures (3-4)	FCS 350 Food Service Systems II (3) FCS 447 Food Policy (3) FCS 483 Adult & Technical Education in FCS (3) HLTH 475 Biostatistics (3) Elective (3)
Fourth Year (Fall)	Fourth Year (Spring)
FCS 340 Food Science (4) FCS 446 Lifespan Nutrition (3) General Education, Writing Intensive (3) Electives (5)	FCS 342 Food Production Management (3) FCS 420 Nutrition Assessment (3) FCS 440 Nutrition II (3) FCS 444 Experimental Food Science (3) FCS 497 Undergraduate Internship (2)

For additional information about course requirements, please visit <http://www.mnsu.edu/supersite/academics/bulletins/>

6/19



An Affirmative Action/Equal Opportunity University. This document is available in alternative format to individuals with disabilities by calling the telephone numbers listed on this page.