

CAMPUS RECREATION

The Office of Campus Recreation at Minnesota State Mankato offers five major program areas: Open Recreation, Intermural Sports, Fitness Activities, Sports Clubs, and Maverick Adventures. The mission of the Office of Campus Recreation is to promote long-term healthy lifestyle behavior through participation in multi-faceted recreational, educational and leisure opportunities.

PROGRAMS



WHAT PROGRAMS ARE OFFERED?

- Open Recreation
- Intermural Sports
- Fitness Activities
- Sports Clubs
- Maverick Adventures
 - o Outdoor Equipment Rental
 - o Outdoor Programs
 - o Team Building and Leadership Development
 - o Rock Climbing

ABOUT THE PROGRAM

Current students enjoy membership at the Otto Recreation Center. Membership is also offered to faculty, staff, emeriti, spouses and alumni.

Campus Recreation memberships include access to Otto Recreation Center, Highland Pool and all group exercise classes.

REAL-WORLD CONNECTIONS



OPEN RECREATION

Campus Recreation indoor and outdoor facilities are available to our students and membership holders. The Open Recreation program offers both indoor and outdoor facilities for recreational activities.

Head in for fun or a great workout. Open Gym, Walking and Jogging Track, Weight Room, Cardio Area and Racquetball Courts.

INTERMURAL SPORTS

The Intramural Sports program offers competitive and recreational leagues, tournaments and special events.

Intramural Sports are a crucial element of the academic experience in that they promote and reinforce teamwork and personal accomplishment, mutual respect and integrity, competition and recreation, as well as skill and exercise.

FITNESS ACTIVITIES

The Fitness and Wellness program offers opportunities to promote long-term healthy lifestyle behaviors through participation in group exercise classes, fitness assessments, personal training, exercise plans, special events, fitness certifications, and continuing education.

INSPIRED ACTION



SPORTS CLUBS

Current sport clubs include badminton, baseball, cricket, men's ice hockey, handball, men's & women's lacrosse, men's and women's rugby, Shotokan karate, men's soccer, ultimate frisbee, table tennis, and men's and women's volleyball.

Students may start new sport clubs with interest from other students.

MAVERICK ADVENTURES

Maverick Adventures offers innovative challenges and the use of adventure-based activities for leadership development and team-building skills, promoting positive growth and learning.

Activities include rock climbing opportunities and outdoor equipment rentals available to students and the general public.

PROGRAM WEBSITE



mnsu.edu/campusrec

CAMPUS RECREATION

For more information about Campus Recreation, visit:
mnsu.edu/campusrec



Campus Recreation now has its own smartphone app to help keep you up to date with Campus Recreation news, view hours, book a handball/racquetball court, register for programming, and more!

Forget your MavCard? No worries! The app can also act as your digital ID to enter Otto Recreation Center, Myers Field House, Myers Indoor Rock Wall or the Maverick All-Sports Dome.

Download the app now at either the Apple or Google Play app stores.

Viewing this page from your smartphone? Visit the following link to be redirected to the appropriate app store: <http://onelink.to/5yzbpk>

LEARN MORE

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